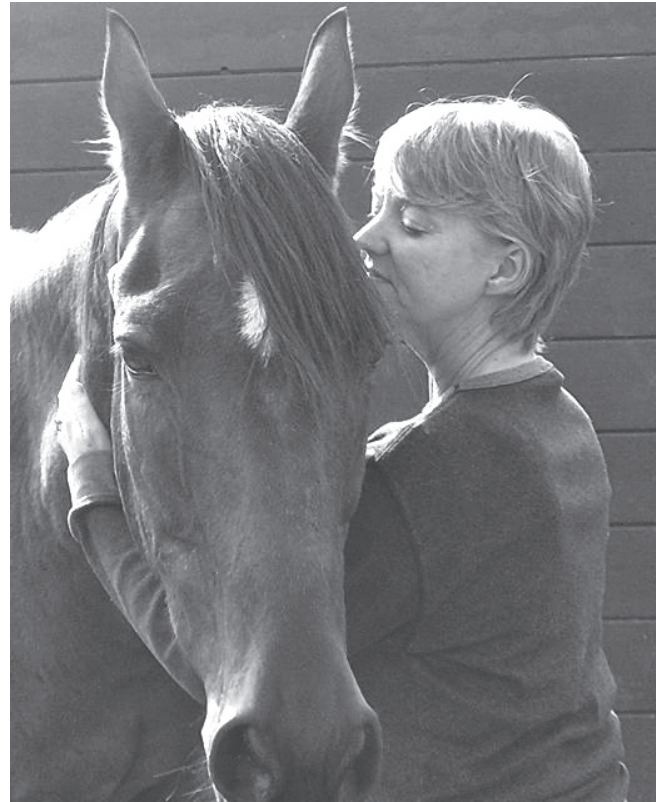


Star

By Julianne Dow

One warm sunny day at the Catskill Animal Sanctuary, I gave Star, a dark brown lean horse, a series of flows. I had been giving Star consistent treatments for tearing eyes, diarrhea, low immune system, taut 25 region, and major accumulations along the 12 region on both sides of the neck for some time, and all these symptoms had cleared up.

Before coming to the sanctuary, Star was a brood mare used for breeding purposes. In her abuse case, her breeding was in extreme excess. As a result, her back is quite swayed due to all her pregnancies. So I started this day giving her 3/25 and 3/15 on each side. She melted into the treatment, although I did notice that her 15s did not have as dynamic a pulse as the other Safety Energy Locks. I gave her a right Umbilicus self-help flow for an eye project, but mostly for all the emotional loss around "mothering." I finished by holding both her 25s at the same time (standing behind her because I trust her not to kick) and slowly moved up her back to her 4s. When I got to the 4s, I splayed my hand so that I was holding both 4s behind her ears and her 3rd eye in the middle of the forehead (as in the Main Central). She was asleep with her eyes open, her head bobbing gently in her relaxed state listening to my singing. I then moved my hand that was on the 3rd eye to her chest (center 13) and her head lowered even further towards the ground. I moved my other hand to her 10 and ended with 10/13. It felt right and complete, as I could even sense myself melting into her treatment.



As I walked away quietly, she gave me two loud nostril snorting exhales. I took that as a "thank you."

Thank YOU, Star, for giving me the opportunity to BE with you today! I feel so blessed! ☺

Julianne Dow's email is jdow@ecfs.org for animal treatment inquiries.

Ongoing Study Groups

Alaska, Homer – meets 1st Tues. of every month with summer hiatus (resumes in August) @ 7 p.m. – Contact Hilda (907) 299-0110 or Lady Jane (907) 235 4333.

Arizona, Sedona – meets monthly. Contact Bonnie Hartenstein (928) 284-0430 Bonnie.Hartenstein@gmail.com.

California

- Los Angeles/Beverly Hills – now 3rd Sun. of each month – contact Zoe Koufopoulos – phone: (310) 556-3241, new email: jnshinzoe@sbcglobal.net.
- Los Angeles - meets 3rd Saturday each month - contact Debby Renteria (310) 777-9650.
- Santa Barbara County/San Luis Obispo/Shell Beach – Monthly – weekend practice and study group – contact Bruce Autolitano (805) 473-2212.
- Yorba Linda (Orange County) – meets monthly – contact Mary Easton Wagner (714) 996-2021.
- Newport Beach/Orange County – Self-Help study group – 1st & 3rd Mon. of the month with winter hiatus. Contact Blythe Fair (949) 718-3530.
- San Carlos – meets monthly with Cynthia Broshi. Contact Uzi Broshi 650-593-1084 or uzibroshi@gmail.com.
- Oakland – re-forming study group to meet 1st Sat. monthly, 10 a.m. to 1 p.m. – contact Jenny Swiecicki (510) 654-3525 or jennyrebeccajs@yahoo.com.

- San Francisco – new monthly study group forming – contact Stephanie Temkin (415) 928-0249, or skatjsj@yahoo.com.
- Redwood Coast – contact Robert Nelson 707-502-9464.
- Santa Rosa/Sonoma County – meets 1st Sun. of the month – contact Susan Miller (707) 542-7448 or Kate Nachtwey knacht@gmail.com for more info.

Colorado, Colorado Springs – meets every 3rd Wed. each month 5-7 p.m. – contact Patty Schoenstein (719) 531-0789 cell or (719) 264-0420 home. Location is same building – just a door or two away pcsjsj@msn.com.

Connecticut, New Haven/Guilford – 3rd Sun. every month Sept.-June, 12-4:30 p.m., contact Bobi Jentis at 802 376-6426 or bobj@sover.net.

Georgia, Atlanta – meets every Saturday at 10 a.m. – contact Laurie Strickland (404) 589-1379.

Hawaii

- Oahu (Honolulu) – meets last Sun. of each month 9:30 a.m. to 12:30 p.m. – contact Bryan Wong (808) 349-1092, email: jsj_bryan@hotmail.com.
- Kona side of Big Island – meets last Sunday of each month, call for details and directions. Contact Bethann (808) 443-4988 or jsjbethann@gmail.com.

Kansas

- Manhattan - Study Group meets monthly. Contact Kate Cashman (785) 537-1911.

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